



## **Bryst Return to Play (RTP) Policy**

### **Aligned with Ontario Soccer & Canada Soccer Requirements**

#### **1. Purpose**

This Return to Play (RTP) Policy outlines the standards, procedures, and safety protocols Bryst must follow to ensure the safe resumption and continuation of soccer activities. This policy aligns with:

- **Canada Soccer Return to Play Guide**
- **Ontario Soccer Return to Play Protocols**
- Applicable provincial and municipal public health regulations

#### **2. Guiding Principles**

Bryst adheres to the following guiding principles:

- **Safety First:** Physical and mental well-being of players, coaches, referees, volunteers, and families.
- **Compliance:** Full adherence to Canada Soccer and Ontario Soccer policies, including facility guidelines and health measures.
- **Gradual Return:** Activities progress in stages, moving forward only when safety criteria are met.
- **Transparency:** Clear communication with all members regarding expectations, protocols, and any updates.

#### **3. Return to Play Stages**

Bryst follows the phased RTP model established by Ontario Soccer and Canada Soccer.

##### **Stage 1 – Individual Training**

- No contact, no scrimmages.
- Physical distancing (minimum 2 metres) always.
- Individual technical drills only.
- Players use personal equipment wherever possible.

#### **Stage 2 – Small Group Training**

- Limited numbers per field space as permitted by Ontario Soccer.
- Controlled, physically distanced drills.
- No close contact or opposition.

#### **Stage 3 – Modified Training**

- Introduction of controlled opposition.
- Limited contact following provincial approval.
- Continued tracking of attendance for contact tracing.

#### **Stage 4 – League Play & Competition**

- Full return to games, tournaments, and leagues.
- Continued adherence to hygiene protocols and illness reporting.

### **4. Participant Requirements**

All participants (players, coaches, staff, referees, volunteers, and families) must follow these standards:

#### **4.1 Health Screening & Attendance**

- Mandatory self-screening prior to every session.
- No attendance if experiencing any symptoms of illness.
- Attendance logs must be maintained for all sessions.

#### **4.2 Hygiene Protocols**

- Frequent handwashing or sanitizing.
- No sharing of water bottles, pinnies, or personal items.
- Players encouraged to bring clearly labelled personal equipment.

#### **4.3 Equipment Protocols**

- Regular sanitization of high-touch items (balls, cones, goals).

- Coaches manage equipment setup and teardown only.

## **5. Facility & Field Protocols**

### **5.1 Entry & Exit Control**

- Staggered arrival and departure times.
- Designated entry and exit points.

### **5.2 Physical Distancing**

- Maintained unless Ontario Soccer guidelines state otherwise.
- Spectator areas arranged to support distancing requirements.

### **5.3 Indoor Facility Requirements**

- Ventilation checks and compliance with capacity limits.
- Masks worn in all common areas when required by health authorities.

## **6. Illness, Injury & Reporting Procedures**

### **6.1 Illness Protocol**

- Any participant showing symptoms must leave immediately.
- Clearance from a healthcare provider may be required before returning.
- Positive cases must follow public health isolation guidelines.

### **6.2 Concussion & Injury Return to Play**

- Bryst adheres to the **Canada Soccer Concussion Policy**.
- Graduated return-to-sport steps must be completed.
- Medical clearance is required for any significant injury.

## **7. Coach & Staff Responsibilities**

- Ensure all sessions meet Ontario Soccer training stage requirements.
- Conduct safety briefings and reinforce protocols.
- Maintain attendance tracking and equipment sanitization.
- Report any incidents immediately to club administration.

## **8. Communication Protocol**

Bryst will maintain transparent communication with:

- Players and families
- Coaches and staff
- Ontario Soccer and league organizers

Updates on changing provincial or national guidelines will be provided promptly.

## **9. Compliance & Enforcement**

Failure to follow Return to Play protocols may result in:

- Removal from training session
- Temporary suspension from club activities
- Escalation to Ontario Soccer if necessary

## **10. Acknowledgement & Consent**

All participants must sign Bryst **Return to Play Acknowledgement Form**, confirming:

- Understanding of risks
- Agreement to follow all RTP policies
- Responsibility for personal health monitoring