

# Step-by-Step Process for Distributing & Building Awareness of the Rule of Two

# 1. Formal Policy Adoption and Accessibility

- **Finalize and approve** the Rule of Two Guidelines as an official Bryst policy (aligned with Canada Soccer's Safe Sport framework).
- Post the policy on our official channels:
  - Website → under "Publication/Bylaws section.
  - Physical postings → bulletin boards in change rooms, offices, and entryways.

## 2. Membership Communication Campaign

Use of a **multi-channel communication approach** to ensure every group (parents, players, coaches) receives the policy.

#### **Tactics:**

- **Email blast** to all members introducing the Rule of Two and linking to the full document.
- **Team meetings** → include a 3-minute Rule of Two reminder slide during pre-season or midseason parent meetings.
- TeamSnap / internal groups → share a reminder infographic before the start of new sessions.

#### 3. Education & Training Integration

- Coach onboarding: include the Rule of Two in all onboarding/training materials.
- **Parent orientation:** incorporate a short segment about the Rule of Two in the beginning-of-season parent meetings or orientation videos.

## 4. Visual & Environmental Reinforcement

- **Post visible reminders** around the facility (e.g., "Two Adults Always," "Safe Sport Starts with Us").
- Infographic posters in viewing areas, offices, locker rooms.

# 5. Ongoing Reinforcement

- Reiterate the Rule of Two at:
  - Start of each season
  - o During tournaments or travel events
  - o In any Safe Sport workshops or club meetings
- Celebrate compliance: recognize teams or staff who exemplify Safe Sport practices in newsletters or club events.