



Female Mentorship Program

Program Overview

BRYST is an ardent supporter of the Ontario Soccer Long Term Player Development initiative and recognizes the importance of coach development as a key component. BRYST is committed to creating a mentorship program that will respond to the needs and aspirations of the female soccer coach to develop their coaching knowledge/abilities.

The program is designed to create an environment where coaches feel comfortable asking questions, sharing experiences, and discussing challenges. The program will be delivered through a series of coaching workshops, consisting of classroom presentations, group activities, on-field sessions, and game analysis.

The program is open to all female coaches regardless of current coaching level or experience within BRYST and BRYST Affiliations.

Objective

To provide support for female coaches at all levels within the club and to help create more opportunities for coaches to further their coach education.

Goals

1. To develop female soccer coaches, who in turn will act as educators and mentors to aspiring female players.
2. To create a supportive, professional female coaching culture.
3. To encourage promising female soccer coaches to reach their full coaching.

Outcomes

1. Increase the number of female soccer coaches at BRYST.

2. Increase number of female soccer coaches at the competitive level.
3. Increase number of female soccer coaches working in the BRYST competitive environment.

Professional Development Plan Mentorship:

Support through licenses/certifications

Individual 1v1 Meetings to develop PDP

Practice and/or Game Observations

- Will be arranged by mentor coach in consultation with the mentee coach
- No minimum number of observations will be set – schedule will depend on availability of the mentor coach and mentee coach

Mock Assessments

- Mentor coach will act as assessor
- Session plans must be submitted prior to mock assessment and include all components
- Mock assessments will include pre-brief, assessment and de-brief
- Topic will be assigned by the Head Mentor Coach